Instructions for how to use template:

- 1. Make a copy of this PowerPoint template and customize to reflect your needs
 - Fill in the presenter/organization information on slide 3
 - Fill in local resources on slide 40
 - Fill in contact information on slide 41
- 2. Adapt the presentation for in-person or virtual presentations:
 - Delete slide 6 for virtual presentations
 - Delete slide 7 for in-person presentations
- 3. Delete slide 1 to remove instructions

Preventing Elder Abuse: LGBTQ+ Elder Justice

[PRESENTER INFORMATION]

Introduction: Presenter / Organization

PRESENTER BIO; ORGANIZATION MISSION OR GOAL(S); COMMUNITY PARTNERS, ETC.

Compiled by SAGE & NCEA

SAGE is the country's largest and oldest organization dedicated to improving the lives of lesbian, gay, bisexual and transgender (LGBTQ+) older adults.

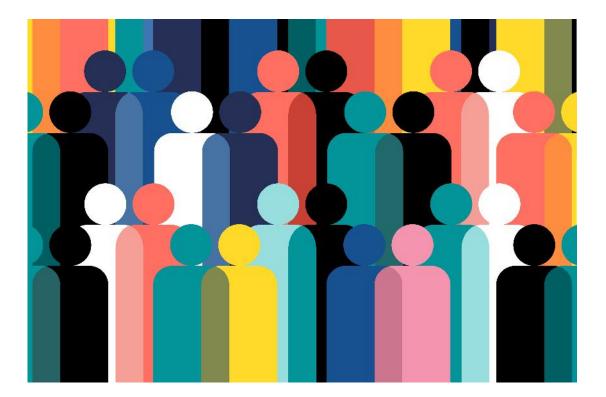
The National Center on Elder Abuse is an information clearinghouse designed to improve the national response to elder abuse, neglect and exploitation. Dedicated to engaging and empowering older adults so that they feel capable of advocating for themselves and their communities.





Working for Elder Justice

It is up to all of us to prevent and address elder abuse especially as our older adult and LGBTQ+ populations grows



Elder Abuse: What are you seeing?

How often are you hearing people allege elder abuse?

What scenarios are you hearing about most frequently?

Elder Abuse – Share 1 Thing

Utilize the chat box to share

I Thing you know about Elder Abuse
Or

1 Thing you want to learn about Elder Abuse

What is Elder Abuse?

Elder abuse, the mistreatment or harming of an older person, is an injustice that we all need to prevent and address.

Elder Abuse occurs in both community and institutional settings and takes many forms, including:

- Physical abuse
- Emotional/Psychological abuse
- Sexual abuse
- Neglect
- Financial abuse and/or exploitation

Elder Abuse is believed to be widely under-detected and under-reported.

What Causes Elder Abuse?

Elder Abuse can occur when strong social supports are not in place to keep us connected as we age.

While anyone is potentially at risk of abuse, some factors can increase one's risk of experiencing abuse:

- social isolation
- Iack of access to support services and community resources
- physical, mental, or emotional needs in carrying out daily activities

Elder Abuse can be prevented if we work together to create a stronger society that values and supports all of us as we age.

Types of Elder Abuse



Multiple forms of abuse can occur at the same or different times.

Signs of Elder Abuse

Emotional/ Behavioral Signs:



Unusual changes in behavior or sleep Increased fear or anxiety Isolation from friends or family Withdrawal from normal activities

Signs of Elder Abuse

Physical Signs:



Dehydration or unusual weight loss Missing daily living aids

Unexplained injuries, bruises, cuts, or sores

Unsanitary living conditions and poor hygiene Unattended medical needs

Signs of Elder Abuse

Financial Signs:





Fraudulent signatures on financial documents Unpaid bills

Unusual or sudden changes in spending patterns, will, or other financial documents

Importance of LGBTQ+ Voices & Elder Justice

Caring and Aging with Pride Study of 2,560 LGBT Older Adults age 50-94 found:

- 68% of had experienced verbal harassment
- 43% were threatened with violence

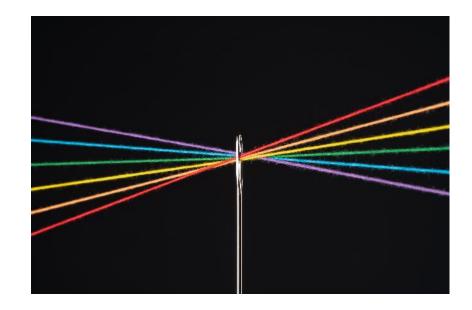
Fredriksen-Goldsen, K. I., Kim, H.-J., Emlet, C. A., Muraco, A., Erosheva, E. A., Hoy-Ellis, C. P., Goldsen, J., Petry, H. (2011). The Aging and Health Report: Disparities and Resilience among Lesbian, Gay, Bisexual, and Transgender Older Adults - Key Findings Fact Sheet. Seattle: Institute for Multigenerational Health.

Risk Factors for Elder Abuse

- Social Isolation
- Lack of LGBTQ+ welcoming aging services
- Increased risk of mental health concerns
- Increased risk of substance abuse
- Self-reliance (as protective strength/may also decrease help seeking)
- Past history of victimization, discrimination and stigma

LGBTQ+ Elder Justice, Equity & Intersectionality

- Ability
- Age
- Class
- Ethnicity
- Gender/gender identity
- Race
- Sexual orientation



LGBTQ+ Elder Justice & Equity

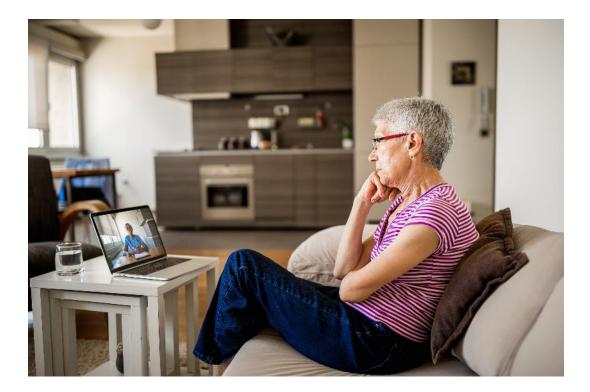
"African-Americans reported the highest levels of lifetime LGBTrelated discrimination, and both African-Americans and Hispanics reported lower levels of household income, education, affirmation of their identities and social support compared to non-Hispanic white LGBTQ older adults." *Dr. Karen Fredriksen-Goldsen*

Nearly 1 in 3 LGBTQ and Two-Spirt American Indian/Alaskan Natives (29.4%) reported experiencing hate violence—a higher rate than any other LGBTQ community.

Spot Light on Two Spirit (Native LGBT) Communities. Available at: <u>http://www.ncai.org/policy-research-center/research-data/prc-publications/A_Spotlight_on_Native_LGBT.pdf</u>

Seeking Help

Loss of support from the abusive individual, fear of isolation, and other factors might prevent an older adult from seeking help



Issues Affecting LGBTQ+ Older Adults from Seeking Help

- Threat of being "outed" as LGBTQ+
- Convinced Authorities won't believe them
- Loss of financial support from the abusive person
- Older LGBTQ+ person fears "living their life alone"
- Older LGBTQ+ person has history of self-reliance and fears authorities
- History of victimization and violence towards LGBTQ+ community leaves many to believe Abuse and Neglect is to be expected with nowhere to turn for help

Reporting Abuse

Report suspected abuse or neglect in the community setting:



Adult Protective Services https://www.napsa-now.org/

Report suspected abuse or neglect in a long-term care facility:



Long-Term Care Ombudsman https://ltcombudsman.org/about

To connect to a local or state reporting number, contact the <u>Eldercare Locator</u> at eldercare.acl.gov or at 1-800-677-1116 M-F 9AM – 8PM ET. For emergencies, call 9-1-1.

5 Things EVERYONE Can Do to Prevent Elder Abuse

Elder abuse is **preventable** – and everyone has a role to play.



Listen to older people and caregivers to understand their challenges and provide support



Educate one another about the signs of abuse



Report suspected abuse or neglect as soon as possible



Build a community that fosters social connections and supports



Reach out to professional services for support where available

Responding to LGBTQ+ Concerns

- Increase your sensitivity to interpersonal dynamics
- Relationships may be more complex than they first appear
- Broaden the concept of "family"
- Recognize your own biases
- Listen more, assume less, consider personal circumstances



Including LGBTQ+ Older Adults in Broader Elder Justice Work



Encourage organizations you work with to:

- Implement policies inclusive of sexual orientation and gender identity
- Have inclusive messaging written and visual
- Provide LGBTQ+ cultural competency training for staff and volunteers
- Work with LGBTQ+ organizations for education and outreach

Case Studies

Identify the signs of elder abuse in the following scenarios



Sweetheart scam: Financial Abuse & Neglect

A 78-year-old man was found by police wandering in the street

- Mr. Wilson is a retired accountant who had been in a 25-year relationship with his partner but never came out or identified as gay.
- His partner passed away 2 years ago.
- Shortly after a "new friend" Sam came into his life, moved into his home.
- Mr. Wilson was diagnosed with dementia.
- Sam denies that Mr. Wilson needs care and insists that he can make his own decisions.
- Police investigation reveals that that Sam is now Mr. Wilson's legal domestic partner and has gotten Mr. Wilson to sign multiple documents gifting him funds from his accounts.

Case Study

What signs of elder abuse did you notice?

- <u>Emotional/Behavioral Signs?</u>

 Isolation from friends/family
- Physical Signs?
 - \circ Unattended medical needs
- Financial Signs?
 - \odot Unusual or sudden changes in spending

What other signs of elder abuse did you notice?







Emotional Abuse & Neglect:

88-year-old woman admitted to hospital with malnutrition and dehydration

- Marta and Lois lived together as a couple for most of their adult lives.
- Lois suffered a stroke and died suddenly leaving Marta alone.
- Marta's nephew Peter came to help although he had never been supportive of the relationship between Marta and Lois.
- Marta struggled with her loss, talked about her grief often.
- Peter humiliated, insulted and threatened Marta with placement in a care home if she didn't stop whining about Lois.
- Within a few months, Marta had become weak, stopped eating and was not getting out of bed.
- Peter was overheard in the ED berating and humiliating Marta.

Case Study

What signs of elder abuse did you notice?

<u>Emotional/Behavioral Signs?</u>

O Unusual changes in sleep or behavior
 O Increased fear or anxiety

<u>Physical Signs?</u>

 \odot Dehydration or unusual weight loss

What other signs of elder abuse did you notice?

 Emergence of family member who was not previously invested



Volunteer Opportunities

Volunteer:

- <u>Commit to Connect</u>: Connecting people with resources to combat social isolation
- <u>AARP Digital Fraud Fighter</u>
- <u>AmeriCorps Seniors</u>

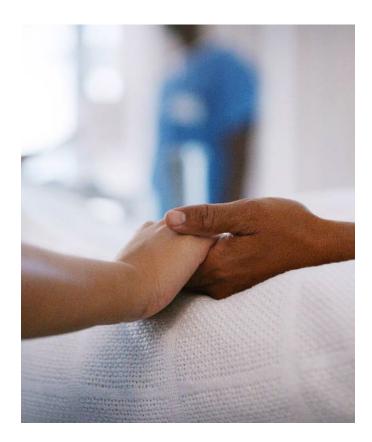
Elder Justice:

- Elder Justice Coalitions
- Elder Justice Network Locator Map
- <u>Consumer Financial Protection Bureau</u> (CFPB) Elder Fraud Prevention Networks

Legal Counseling/Support

 <u>Legal Services Corporation</u>: Ask about ways to support legal assistance for older adults





Long-Term Care:

<u>National Consumer Voice for Quality Long-</u>
 <u>Term Care</u>: Become a Long-term care
 ombudsman. Learn how you can help fight
 abuse in congregate settings.

LGBTQ+ Older Adults:

- <u>SAGECollab Partners</u>: Partner with non-profit groups and organizations that serve or advocate with older LGBTQ+ people
- <u>SAGE Serves</u>

Faith Communities:

• <u>Safe Havens Staying Safe with Faith Volunteer</u> <u>Program</u>: Learn more about how your faith community for older adults

Services and Programs Supporting Older Adults:

- <u>Eldercare Locator</u>: locate agencies in your area that assist older adults, such as your local Area Agency on Aging, Aging and Disability Resource Center, or Adult Day Center, and see how you can get involved. Visit their <u>website</u> or call 1-800-677-1116.
- Meals on Wheels
- <u>Alzheimer's Association</u>
- <u>National Council on Aging</u>: Contact senior centers in your city and see how you can get involved.
- Department of Justice Elder Justice Neighborhood Map

Friendly Visitor/Outreach Programs:

- Disability Information & Access Line (DIAL)
- Visit an assisted living facility or nursing home in your community to socialize with residents



Fighting Scams and Fraud:

- <u>Federal Trade Commission (FTC) Pass</u>
 <u>It On</u>
- <u>Senior Medicare Patrol</u>
- <u>American Society on Aging</u>
- <u>AARP Fraud Watch Network</u>

Intergenerational Programs:

- Grandfamilies and Kinship Support
 <u>Network</u>
- <u>ACL National Strategy on Caregiving</u>
- <u>Generations United</u>
 <u>Intergenerational Program Database</u>
- <u>EngAGED Intergenerational Activities</u> <u>Resource Library</u>

Resources

National Resources



SAGE: <u>www.sageusa.org</u>

NCEA: https://ncea.acl.gov/

SAGECare: <u>www.sageusa.care</u> (Training & Credentialing Program)

National Resource Center on LGBTQ+ Aging: <u>www.lgbtagingcenter.org</u>

FORGE- Empowering. Healing. Connecting: <u>http://forge-forward.org/anti-</u> violence

National Coalition of Anti-violence programs: <u>https://avp.org/ncavp/</u>

NCEA Resources on Elder Mistreatment & Diverse Communities

Explore fact sheets: <u>https://ncea.acl.gov/elder-mistreatment-diverse-</u> <u>communities#gsc.tab=0</u>

- Asian American and Pacific Islander Communities
- Faith Communities
- Indigenous Elders
- Tips and Tools
- LGBTQ+ Elders
 - <u>LGBT Older People Built the LGBT Community</u>
 - LGBT Older People: Our Right to a Peaceful Life
 - <u>LGBTQ+ Inclusive Intake + Engagement for Elder Justice Professionals</u>
 - Looking for Love
 - Paying it Back: Promoting Justice for LGBT Communities of All Ages
 - <u>A Spotlight on Two Spirit Elders and Elder Justice Facts</u>

Free Resource: Mistreatment of Lesbian, Gay, Bisexual, and Transgender (LGBT) Elders

 Access the full research brief here: <u>https://www.lgbtagingcenter.org/resources/resource.cf</u> <u>m?r=603</u>

KEY TAKEAWAYS

- Many LGBT older adults are at high risk for elder abuse, neglect and exploitation.
- A pressing need for LGBT elders is dealing with social isolation as isolation is a risk factor for elder abuse.
- Fear of homophobia or transphobia keep LGBT elders from seeking help and services.
- Internalized homophobia or transphobia may affect an LGBT elder's willingness to seek help and put them at risk of self-neglect.

- Some LGBT elders choose to hide their LGBT identity and disclosure of that identity against their wishes can cause problems.
- Elder gay men and lesbians place high value on self-sufficiency and may be reluctant to accept help.
- Be sensitive to an LGBT elder's lack of legal protections, desires, relationships, and potential need to be connected to the LGBT community.

SAGE Collaboration with HearMe

In partnership with SAGE, **HearMe** is an on-demand mental wellness app that offers exclusive, round-the-clock access to culturally competent, empathetic LGBTQ+ and allied listeners who are trained in LGBTQ+ and aging issues.

Sign up online at <u>https://www.sageusa.org/hearme/</u> and wait for HearMe to email you instructions.



National Center on Elder Abuse

For Technical Assistance, Information and Referral, connect to the NCEA

1-855-500-3537 (ELDR) ncea-info@aoa.hhs.gov

NCEA, ACL Website https://ncea.acl.gov

Training Resources on Elder Abuse (TREA): www.trea.usc.edu





[local organizations, websites, contact information, etc.]

Thank You! Q&A

Connect With Us

[organization name; phone number; address; Hours of operation; social media handle(s); website]