# Issues Faced by LGBTQ Older Adults

- 1. Discrimination
- 2. Economic Insecurity
- 3. Social Isolation
- 4. Poorer Mental + Physical Health

# How Does Center on Halsted Address Needs Through Programming?

- Creating an inclusive, safe environment
- Consistent, accessible and engaging staff, volunteers, and facilitators
- Holistic program offerings that span and overlap several wellness categories
- Community-born/led approach that involves seniors in planning, participation, facilitation and feedback

# Goals

- Engage diverse volunteer facilitators
- Increase women’s and trans-specific program offerings
- Explore alternative methods for spiritual programming
- Identify approaches to participant biases

# Obstacles

- Marketing
- Attracting diverse volunteer pool
- Funding/Budgetary constraints
- Location

# Conscious Cultivation

A Model for Inclusive, Interactive Programming

Authors: Britta Larson, Nina Olsulski, Amanda Vevers, Todd Williams

- Center on 3656 N. Halsted
- Center on 806 W. Addison

# % Types of Programs

- Constituent Advocacy: 3%
- Cultural: 6%
- Physical: 11%
- Emotional: 11.5%
- Educational: 12.5%
- Congregate Dining: 27%
- Social: 29%

# Successful Program Example

Black Metropolis

Community-born/led approach

5-week course on Chicago history designed and facilitated by program participant, Donald H. Bell

- 69 year old, African-American, gay, cisgender male, he/him
- Program participant, resident of Town & Country Apartments, expert in the field, community activist, public speaker, group facilitator

# Program Statistics (Fiscal Year 2018)

- ~70 events per month 🍷 996 unduplicated clients
- 1,746 hours of programming 🍽 7,537 meals served

- Majority of programs are 55+, 60+ when appropriate (Lunch is 60+)
- 99% of programming is FREE
- Session length ranges from 4-10 weeks
- Min. of 1x/month, some quarterly, but often weekly
- 1-1.5 hours per, 2 hours max


Additional state annual report:
In FY2018, Senior Services provided 17,005 units of services to 996 unduplicated clients, of this 125 were new clients and 870 were repeat clients. This exceeded our Department goal of 12,000 units of services. Additionally, Senior Services served 886 unduplicated seniors 3182 meals in FY2018. Through programming, which included an average 70 events each month occurring 5 days a week, Senior Services reached a total of 170 seniors with 10,017 units of services.

centeronhalsted.org