

# LGBT Affirming Intake: Sample Questions



**National  
Resource  
Center**



**ON LGBT AGING**



## Sample Intake Questions

### Asking these questions:

Sexual orientation and gender identity questions should always be optional unless otherwise stated by a state or federal agency. These questions should generally be asked in the intake process at the same time that they are asked other demographic questions.

### Sex and Gender Identity

Many individuals make the assumption that if someone's gender identity did/does not match their sex assigned at birth then it will be obvious to see. This is a false assumption, and one that has led to many issues in the LGBT community. Instead of relying on guesses, gender identity should be something that is discussed with everyone.

What is your gender? (Check Only One)

- a. Male
- b. Female
- c. Transgender Female to Male
- d. Transgender Male to Female
- e. Genderqueer/Gender Non-binary
- f. Not listed, please specify: \_\_\_\_\_
- g. Declined/not stated

What was your sex at birth? (Check only on)

- a. Male
- b. Female
- c. Declined/not stated

### Sexual Orientation

Sexual orientation is rarely discussed in intake interviews, but is an important conversation to have and can shed light on how best to provide care. This will also open the conversation to families of choice and other support networks.

How do you describe your sexual orientation or sexual identity? (Check only one)

- a. Straight/Heterosexual
- b. Bisexual
- c. Gay/Lesbian/Same-Gender Loving
- d. Questioning/Unsure
- e. Not Listed. Please specify: \_\_\_\_\_
- f. Declined/not stated

When discussing sexual orientation do not forget bisexuality. If an individual is in a heterosexual relationship, it does not mean they identify as heterosexual. Many LGBT people have children or grandchildren and many LGBT people are or have been married to someone of the opposite sex.

### Explain why you are asking these questions

- "If you are uncomfortable with the question, please feel free to skip it or come back to it later, these questions are not mandatory"
- "We ask everyone these questions, they help us collect important data, and makes sure we have the best information about all of our constituents."
- "We know that a lot of different people use our services, so these questions help us treat everybody fairly and distribute resources to those in need."